



Smile Mile Chart and Challenge

*One student runs/jogs in an attempt to complete a mile without walking or stopping. The other student records the runner's progress.

*Each lap the runner/jogger completes without stopping earns them a 😊 on their card.

*When a runner stops on the track or walks, the recorder enters a "w". The recorder must tell an adult when they see a student walking/stopping and the adult says, "confirm".

*Students try to get as many 😊's in a row as they can.



2 laps (1/4 mile) is a Bronze Level!

4 laps (1/2 mile) is a Silver Level!

8 laps (1 mile) is a Gold Level!

*Students who earn any of these levels will get their name on a certificate to be placed on the wall.