



Shuttle Run description

- * Student start at the starting line.
- * Students run down and grab one cup and race back to their starting point and set their cup down just behind the starting line.
- * This is repeated getting a second cup. They finish getting the third cup, which must be placed on the first two cups in a cute little pyramid.
- * The finished pyramid must be standing, behind their starting line not touching the line, and stand behind their cup pyramid to be considered done.



40 seconds is a Bronze Level!

30 seconds is a Silver Level!

20 seconds is a Gold Level!

*Students who earn any of these levels will get their name on a certificate to placed on the wall.